

Lone Star Region 2020/2021 Season COVID-19 Match Protocol, (Rev 4)

The safety of our members, spectators, staff, and athletes is of utmost concern, and in order to have a safe and successful season, we must all make a coordinated effort to be fully informed on all current guidelines, recommendations, and safety precautions.

First, review the data on these websites

- Centers for Disease Control
<https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- State of Texas
<https://open.texas.gov/uploads/files/organization/opentexas/OpenTexas-Checklist-Youth-Sports-Operators.pdf>
<https://open.texas.gov/uploads/files/organization/opentexas/OpenTexas-Checklist-Youth-Sports-Families.pdf>
- USA Volleyball
<https://usavolleyball.org/wp-content/uploads/2020/12/USA-Volleyball-Return-to-Play-Guidelines-2.pdf>
- Local Authorities – each tournament host needs to comply with their local government COVID-19 requirements.

Next, be aware that any individual who does not agree to comply with these guidelines for participation and/or does not accept the liability risk will not be allowed to enter the event, program or the facility associated with the Lone Star Region.

The Region asks each person to understand the risk of contracting COVID 19 and take responsibility for their own personal health by following the guidelines presented here, for the safety of themselves, their family, their teammates and all those participating in the event.

The Lone Star Region is requesting that the following guidelines be observed.

Before a Tournament

- The Lone Star Region requires all adults to keep updated on all new data on the <https://www.cdc.gov/coronavirus/2019-ncov/index.html>.
- Individuals should self-monitor. If you do not feel well, remain at home. Also remain at home if you have been in contact with a person who has COVID-19. Such as, someone you provided care for
 - you had direct physical contact with (hugged or kissed them)
 - you shared eating or drinking utensils
 - you have been sneezed or coughed on by.
- If any member has contracted Covid-19, for 're-entry' to participation, you must present a medical note from a physician clearing you from symptoms and the virus, or proof of a negative Covid-19 test, to their club, chair, or director.
- If members test positive after being at a practice, event, or meeting, the club is responsible for notifying all other participants of the positive test.
- Water or other drinks, and various types of pre-prepared foods may be provided/sold, as long as it is done in a manner that ensures members are safe and does not encourage sharing.

At tournaments and events

- **All people who enter the playing facility will wear a mask at all times (except for short moments to eat or drink). Anyone refusing to wear a mask will be expelled from the facility as a protective measure for the players.**
- Each tournament director will publish their event COVID protocols and communicate this to registered teams in advance. Teams participating in tournaments must abide by each event's COVID protocols. Teams that choose to not follow COVID protocols while participating can be removed from the tournament at the discretion of the tournament director.
- The facility staff and site managers will clean/sanitize the playing area between matches, including the score tables, benches, and game volleyballs.
- All players must
 - Pick up and dispose of your own drink bottles and trash.
 - Wear a mask **at all times**, when not on the playing court (except to briefly eat or drink). In addition, the wearing of masks is also subject to local, state and facility rules which may require players to wear mask during play.
 - Avoid gathering in groups between matches.
 - Social distance at least 6 feet away from others.
 - Thoroughly wash your hands throughout the day and bring your own hand sanitizer

During Match Play

- Teams will not be allowed to enter the facility more than 30-minutes prior to the start of their first match.
- Teams should approach their team benches only after the previous team has completely vacated the area.
- Coaches and players on the bench must wear a mask **at all times**.
- The coin flip will take place at least 6' from the scorer's table with the captains only.
- Teams will not switch sides during the match Nor will spectators.
- Tournament host should do everything possible to maximize social distancing. As a suggestion: The scorer and assistant scorer (Libero tracker) will sit at opposite ends of the scorer table, and the visual scorer (flip chart operator) will be seated 6' from the table and 6' from the nearest team's bench.
- The R1 will go to the stand and beckon the six starting players standing at the end line to the attack line, then to their starting positions, not to the net.
- The R2 will check line-ups and then give the court back to the R1 to start the match.
- Players should not touch for substitutions.
- When the set ends, the R1 releases players to go directly to their respective benches.
- There will be no high-fives or hand shaking with opposing teams at the start or conclusion of a match.
- During the warm-up period, each team will warm-up and serve separately during their allotted time.
- Teams may bring their own sanitized volleyballs for warm-up.
- Scorers should bring their own pens, pencils, wipes, and other supplies in a plastic case to keep score.
- R1 and R2's should clean their hands before beginning the match. A whistle must be worn under a face mask. Or a hand whistle may be used.
- Teams that need to drop must contact the Tournament Director as soon as possible.

- Any exception to the refund policy or drop policy will be at the discretion of the Tournament Director.