



# RULES CHANGES

FOR THE 2025-26 SEASON

## SCREENING

To modify the language for the screening rule to prohibit players from raising their hands above the head during service until the ball has passed beyond the net.

## DOUBLES

To allow multiple contacts on a team's second hit if the ball is next contacted by a teammate.

## SUBSTITUTIONS

Allow 15 team substitutions per set.

## LIBEROS

To modify the rule on Libero designation to allow a team to designate zero, one, or two Liberos for each set.